

## Enclosure 1 (BRC Administrative instructions) to 2005 BRC FIELD INVITE

1. GENERAL: The Ranger Training Brigade will sponsor the 22<sup>D</sup> Annual David E. Grange, Jr. Best Ranger Competition from 22-25 April 05. The competition is a multi-day event that will test the mental and physical stamina, as well as the tactical and technical skills of the participants.

### 2. CONCEPT:

a. Units will select teams to serve as their representatives in the competition. Officers and enlisted personnel may compete, and must be both Airborne and Ranger qualified, on hazardous duty orders or permissive jump status, and have no adverse personnel actions pending.

b. Awards will be presented on 251000APR05 at the Ranger Memorial, Fort Benning, Georgia.

c. The overall sequence of competition events will remain unknown, but competitors will receive task, condition, and standard prior to the execution of each event.

d. Team allocations for each unit are not flexible. Each unit may train one (1) alternate team. The alternate team may enter the competition on a stand-by basis in the event of a no show. The Ranger Training Brigade (RTB) commander will determine which and how many alternate teams are permitted to compete.

### 3. SPECIAL INSTRUCTIONS:

a. The Best Ranger Competition is a military competition. No civilian/locally purchased items are authorized for use. In an effort to reduce unit and individual cost, the RTB recommends that teams train at home station, utilizing military issued equipment. **Participants will not modify their TA-50 or uniforms in any way. All equipment is subject to inspection prior to and during the competition.**

b. The land navigation and foot marching events are the most physically demanding and fatiguing events conducted during the competition. We recommend foot marching and land navigation at varying distances (up to 25 miles) carrying a 65lb rucksack in Battle Dress uniform, LCE, M-4 Rifle, and military issue boots and original outsoles (no ripple soles, modified outsoles, etc).

c. Teams are allowed to billet/mess at 4th Battalion, RTB, NET 10 APR 05.

d. The RTB will not store/secure unassigned weapons or equipment.

e. Competitors may conduct preparatory training on the Darby Queen obstacle course 0900-1200 and the Todd Field prusik climb/rappel 1300-1600 from 13-15 APR 05.

Enclosure 1 (BRC Administrative instructions) to 2005 BRC FIELD INVITE

f. All competitors on permissive jump status must complete basic airborne refresher (BAR) and perform a jump with an MC1-1C parachute within 60 days of the competition report date (19 April 04). Teams unable to conduct BAR and a proficiency jump at home station must coordinate with the 1/507th (US Army Airborne School) at Fort Benning for training prior to 19 APR 04 and submit certification of completion to the RTB S3 Air, SFC Pacheco, 706-544-6931 (DSN 784), or email [frank.pacheco@benning.army.mil](mailto:frank.pacheco@benning.army.mil).

g. Competing units must submit names of competitors NLT 01MAR04 to Commander, Ranger Training Brigade, ATTN: ATSH-RBO (Best Ranger) or e-mail [stephen.mintz@benning.army.mil](mailto:stephen.mintz@benning.army.mil) with the following information: Name, rank, SSN, unit of assignment, complete unit address, Defense Service Network (DSN), commercial telephone number and e-mail address. Please fill out the enclosed biography form (Appendix A).

h. The basic competition uniform will consist of BDUs, BDU cap, Boots, LCE, weapon and rucksack.

i. Teams will report NLT 181600APR05 in duty uniform (BDUs) with all records and equipment at the RTB headquarters. Competitors must also have cash to purchase seven MREs for consumption during the competition.

j. After the competition inbrief, the loss of one team member will result in elimination of the team from the competition.

k. RTB cadre will control all clothing and equipment exchanges once the competition begins. Receipt of any item from an outside source after the competition starts will result in the team's disqualification from the competition.

1. COMPETITORS MUST POSSESS THE FOLLOWING PAPERWORK TO INPROCESS:

(1) DA FORM 1610. DA Form 1610 should read "TDY, attached to Ranger Training Brigade for the period 22-25 April 05 to participate in the Best Ranger Competition and return." Units assigned to Ft. Benning do not need attachment orders or 1610's.

(2) Hazardous duty orders or permissive jump orders from present assignment (DA Approved).

(3) Enlisted – DA FORM 2-1 and ERB.

(4) Officers - DA FROM 2-1 and ORB.

(5) Complete health records to include: Ranger/airborne qualified physical, signed by a doctor within last 18 months, Panorex statement verifying that a dental panorex exists at home station and is available by sending unit upon request.

(6) Copy of orders indicating graduation from Ranger School.

(7) Certification of basic airborne refresher and proficiency jump within 60 days of report date if on permissive status.

**IF ANY IDENTIFIED TEAM PAPERWORK IS MISSING BY TEAM MEMBERS, THE TEAM WILL NOT PARTICIPATE IN THE COMPETITION.**

m. Visitors and unit supporters are highly encouraged to attend the Best Ranger Competition. A visitor's center with appropriate event information will be located vicinity the Ranger Training Brigade, Building 5024 from 220500-251300APR04.

n. Coaches/Trainers assisting competitors in training will not have access to competitors or RTB CADRE during the competition. Coaches/Trainers are not authorized to attend competitor briefings. Coaches will be treated as spectators.

4. **MEDICAL:** Competitors will be tested multiple times IAW Army regulations for illegal drug or steroid use and must comply with the following:

a. **DRUG DOPING: ANY SUBSTANCE**, regardless of its origin or intended purpose, mode of administration, or quantity, is banned. Banned substances include performance-enhancing drugs and also blood & blood products.

b. All over the counter medication (Motrin, Aspirin), is prohibited unless provided by RTB medical staff. Any medication or nutritional/performance enhancing supplements is strictly forbidden during the competition. The medical director validates any/all prescription medication during in processing. Drug surveillance and testing is accomplished prior to, during, and after the competition. Refusal to submit to testing will result in disqualification. There is no appeal process. A positive test for any illegal substance will result in disqualification and will be forwarded to the competitor's unit for potential UCMJ action.

5. Packing list for first event:

<b><u>WORN</u></b>	<b><u>NSN</u></b>
ID Tags w/chain	8465-00-261-6629
ID Card	DA Form 2 (Active)
BDU Shirt w/rank, branch, nametape, US ARMY, unit patch	As listed below
BDU Trouser	As listed below
Black Web Belt (Tan Belt for Marines)	
Brown T-shirt (OD for Marines)	N/A
Pair Wool Cushion Sole Socks Black or OD	8440-00-543-7778
Army Boots (Hot Weather and/or Combat)	8430-00-186-7173
	8430-01-312-7XXX

\*Black [US Army issued Belleville](#) and [Bates boots](#) are authorized

**ITEMS IN ALICE PACK (MARKED WITH TEAM NUMBER) NSN**

1-Alice Pack LG	8465-01-019-9103
1-Alice Frame w/Straps and Kidney Pad	8465-01-073-8326
2-BDU Shirt (as issued)	8415-01-184-1335
2-BDU Trouser (as issued)	8415-01-184-1347

Enclosure 1 (BRC Administrative instructions) to 2005 BRC FIELD INVITE

3-Pair Wool Cushion Sole Socks (Black or OD)	8440-00-543-7778
2-Brown T-shirt (OD for Marines)	N/A
1-Pair Running Shoes	N/A
1-Poncho, Individual, Camouflaged	8405-01-100-0976
1-BDU CAP/Service cover	8415-01-084-1685 or 8415-01-393-7952
1-Poncho Liner	8405-00-889-3683
1-Below Listed Item (Competitor Selects)	
Sleeping Shirt	8415-00-890-2099
Field Jacket Liner	8415-00-782-2888
Poly Pro Top	8415-01-228-1354
1-PR Black Leather Gloves	8415-01-310-7338
1-Military Flashlight (L-Angle w/D-Cell Batteries)	
(Flashlight will be the full-size L-angle flashlight, not the miniature version)	
1-Wet Weather Parka	8405-00-001-1548
or Gortex Parka	8415-00-401-0002
1-2-Quart Canteen (empty)	8465-01-118-8173
1-2 Quart Cover w/GP Strap	8465-00-927-7485
1-Pencil	7510-00-286-5750
<del>1-New Notebook, memoranda (3 5/16"x5 5/8")</del>	<del>7530-00-222-0078</del>
1-Waterproof Bag	8465-00-261-6909
1-Pair of Boots (Jungle or Combat)	8430-00-186-7173
1-Ranger Handbook	SH 21-76
1-Can, Foot Powder	N/A
7-MRE, Factory Sealed (Can be purchased at RTB)	
**1-Kevlar Helmet (to include items listed)	8470-01-092-7527
1-Kevlar Cover	8415-01-092-7514
1-Elastic Band (Camouflage Band)	8415-01-110-9981
1-Head Band	8470-01-092-8492
1-Shock Pad	N/A
1-Parachutist Retention Straps	8470-01-092-7524
1-Chin Strap	8470-01-092-7534

\*\*Items to be placed in rucksack after Sustained Airborne Training 22APR04

**ATTACHED TO OUTSIDE OF RUCKSACK (MARKED WITH TEAM NUMBER) NSN:**

LCE to include the following:	N/A
1-Pistol Belt	8465-01-322-1965
1-Suspenders/Load Bearing Vest	8465-00-001-6471
	8415-01-296-8878
2-Ammo Pouches (30 round)	8465-00-001-6482
3-Magazines (30 round)	
1-Lensatic Compass w/Pouch	6605-00-151-5337
1-First Aid Pouch w/Dressing	8465-00-935-6814
2-1 Quart Canteen (empty)	8465-01-115-0026

Enclosure 1 (BRC Administrative instructions) to 2005 BRC FIELD INVITE

2-1 Quart Canteen Cover	8465-00-860-0256
w/one Canteen Cup	8465-00-165-6838
1-Whistle	8465-00-254-8803
1-Knife or multi-tool	N/A
with blade less than 4 inches	

**ITEMS TO BE PLACED IN PRUSIK BAG (MARKED WITH TEAM NUMBER):**

1-Sling Rope 13-14', 7/16" Laid, Nylon	4020-00-931-8793
2-Sling Ropes 7/16" Laid, Nylon (stirrups)	4020-00-931-8793
1-Pair White Work Gloves	8415-00-268-7870
2-Snaplink, Steel Oval	8465-01-276-8189
-Pads, Padding Material, Tape (Optional)	

NOTE: Team members can share the same Prusik equipment. Sharing Prusik equipment with other teams is prohibited.

**OPTIONAL ITEMS:**

- Wristwatch. (Watch will not have any type of GPS or digital compass capabilities)
- Boot inserts (any type).
- Insect repellant.
- Sunscreen.
- Additional Wool Cushion Sole Socks (Black or OD), NSN 8440-00-543-7778.

**ITEMS NOT AUTHORIZED:**

- Any type of water container other than listed above.
- Any type of light source other than listed above.
- Any type of Global Positioning System.
- Any type of internet/e-mail capable device.
- Contact lenses.
- Additional food supplement, powder drinks, vitamins, or any other consumable items not issued by the RTB.

**NOTE:** ANY ADDITIONAL EQUIPMENT NOTED DURING THE INITIAL INSPECTION MUST ALSO BE PRESENT DURING THE FINAL INSPECTION. ALICE PACKS ARE INVENTORIED AT THE COMPETITION START, DURING AND FINISH. NO ITEMS CAN BE DISCARDED/THROWN AWAY IF THEY BECOME WET OR DAMAGED. LOSS OF ANY INSPECTED ITEM WILL RESULT IN LOSS OF POINTS FOR EVENT.

**NOTE:** RTB WILL ISSUE ADDITIONAL EQUIPMENT AS REQUIRED.

6. Historical event listing:

- a. RPFT (Push-ups, Sit-ups, 2MR, and Pull-ups)
- b. Malvesti Obstacle Course
- c. Marksmanship (M4, M9, M240B, M249, M203)

## Enclosure 1 (BRC Administrative instructions) to 2005 BRC FIELD INVITE

- d. Water Confidence Test
- e. Airborne Operation
- f. 20+ Mile foot march
- g. Map reading
- h. Call for fire
- i. Use of PLGPR
- j. Operate SINCGARS
- k. M18A1 Claymore
- l. Knot test
- m. Weapons assembly
- n. Demolitions
- o. Hand Grenades
- p. Enter a building, clear a room
- q. Bayonet Assault Course
- r. Prusik Climb/Rappel
- s.. 20+ Mile Orienteering course
- t. Helocast and Swim
- u. Darby Queen Obstacle course
- v. Buddy Run
- w. Unknown Distance Run

NOTE: Tasks and events listed could be changed and / or modified at any time prior to the event execution.

### 7. Scoring:

a. All events possess a point total (weight) based on an identified degree of difficulty. Each team member must receive a GO on individually scored events or receive a GO as a team on team events to receive points. The team with the highest cumulative point total will win the competition. If a tie occurs, the team with the best overall time on the Foot March will determine the winner. Included below are the historical events included and the historical weight value of the event; however, this is only a guideline and the actual task, condition, standard of the event as well as then event's weight is subject to change every year.

b. PUSH-UP / SIT-UP / PULL-UP: Total repetitions successfully executed by each team member will be assigned points (one repetition = one point). Once the scores of both team members are combined. Teams will be rank ordered and points will be assigned according to position on the degree of difficulty matrix for the event weight (2).

c. MALVESTI FIELD CONFIDENCE COURSE: The event will begin with each team member executing 6 pull-ups (palms facing body). Obstacles will be negotiated as outlined during the competitor brief. Each obstacle improperly executed will result in four minutes (per infraction) being added to the finishing time of the confidence course. Teams will be rank ordered by time and points will be assigned according to position on the degree of difficulty matrix for the event weight (4).

d. **AIRBORNE OPERATION:** Time will begin when the first jumper touches the ground, and time will stop when last team member reaches the designated finish point. Teams will be rank ordered by time and points will be assigned according to position on the degree of difficulty matrix for the event weight (3).

e. **MARKSMANSHIP:** Total hits per team member will be combined. Teams will be rank ordered by total hits and points will be assigned according to position on the degree of difficulty matrix for the event weight (4).

f. **20+ MILE FOOT MARCH:** Teams will be rank ordered by time. A finishing time that exceeds 6 hours will result in the team being dropped from the competition. Points will be assigned according to position on the degree of difficulty matrix for the event weight (5).

g. **RANGER STAKES (DAY and NIGHT):** Teams (both members) will be rank ordered by total number of "GOs." To receive a go both team members must achieve the standard. A team must receive at least one "GO" to receive any points for Ranger Stakes. Points will be assigned according to position on the degree of difficulty matrix for the event weight (5).

h. **PRUSIK CLIMB AND RAPPEL:** Teams will be rank ordered by time and points will be assigned according to position on the degree of difficulty matrix for the event weight (3).

i. **20+ MILE ORIENTEERING COURSE:** The first six points must be found. Teams will be rank order by total points found and points will be assigned according to position on the degree of difficulty matrix for the event weight (5). A bonus of 25 points for each point over 6 will then be awarded. In the event of a tie on number of points, rank order will be by time. If a team fails to find the first 6 points or fails to finish within 12 hours the team will be dropped from the competition.

j. **HELOCAST AND SWIM:** Teams will be rank ordered by time (raft construction and swim time combined) and points will be assigned according to position on the degree of difficulty matrix for the event weight (2).

k. **DARBY QUEEN OBSTACLE COURSE:** Each obstacle improperly executed will result in a six (6) minute (per infraction) being added to the finishing time of the obstacle course. Teams will be rank ordered by time and points will be assigned according to position on the degree of difficulty matrix for the event weight (4).

l. **WATER CONFIDENCE TEST:** Teams will be rank ordered by time and points will be assigned according to position on the degree of difficulty matrix for the event weight (1).

m. **BUDDY RUN:** Teams will be rank ordered by time and points will be assigned according to position on the degree of difficulty matrix for the event weight (3).

Enclosure 1 (BRC Administrative instructions) to 2005 BRC FIELD INVITE

o. The weight of an event is multiplied by the number of teams initially entered into the competition. The product of that multiplication will be the number of points awarded to the 1st place team. See Diagram 1.

DIAGRAM 1: (45 TMs entered competition)

<b>TEAM PLACE</b>	<b>WEIGHT 1</b>	<b>WEIGHT 2</b>	<b>WEIGHT 3</b>	<b>WEIGHT 4</b>	<b>WEIGHT 5</b>
<b>1</b>	45	90	135	180	225
<b>2</b>	44	88	132	176	220
<b>3</b>	43	86	129	172	215
<b>4</b>	42	84	126	168	210